



# N THE MARK

*A Free Adolescent Clubhouse/Sober Activities Center*

**Located at: 520 N. Market Street, Frederick, MD 21701**

**Tel: 301-600-1132, Fax: 301-600-1135**

**[www.frederickcountymd.gov/healthdept](http://www.frederickcountymd.gov/healthdept) or [www.facebook.com/OntheMarkClubhouse](https://www.facebook.com/OntheMarkClubhouse)**

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The Frederick County Health Department Behavioral Health Services Division is soliciting people in the community with special skills, talents or more to collaborate with us, by sharing your gift (s) to enrich the youth, ages 12-17 years old, attending our **Free** Adolescent Activities Center/Clubhouse, located in downtown, Frederick.

There are various categories of activities which take place the center at specific times. Kindly see the listing on the back of some activities which are offered. You may select one or more activities of your choice and the timeframe that you would be available. Any assistance you can provide will be highly appreciated.

**Volunteer applicants will be subject to criminal background checks and required to submit references.**

## SIGN ME UP

Name \_\_\_\_\_

Address \_\_\_\_\_

Tel # \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Or

**You may also connect us with a community member(s) who is/are interested in volunteering:**

## Refer a friend

Name \_\_\_\_\_

Address \_\_\_\_\_

Tel # \_\_\_\_\_ Cell: \_\_\_\_\_

Email \_\_\_\_\_

**Please see back of page for list of activities. →**

**The activity/activities I can assist with are: (please check)**

- ☐ Help out with home work
- ☐ Computer tutoring skills
- ☐ Assist with GED
- ☐ Music activity or lessons
- ☐ Arts and Crafts
- ☐ Social Activities and skills building
- ☐ Dance and Theater
- ☐ Activities just for girls
- ☐ Activities for just boys
- ☐ Recreational activities, sports/fitness, Zumba, etc.
- ☐ Healthy cooking
- ☐ Field trip sponsor
- ☐ Assist with off-site field trips
- ☐ Meditation/Relaxation
- ☐ Special Holiday Events – Valentine’s Day, etc.
- ☐ Family Night/Game night
- ☐ Gardening
- ☐ Money management
- ☐ Other: ( Please list interest)\_\_\_\_\_

**The hours I can assist are:**

- ☐ I can spare an hour a week-**please state day(s)**\_\_\_\_\_ **time** : from \_\_\_\_\_ to \_\_\_\_\_
- ☐ Can assist once every two weeks **please “ days(s)**\_\_\_\_\_ **time:** from \_\_\_\_\_ to \_\_\_\_\_
- ☐ Count on me for 1 hour every month,” “ **days(s)**\_\_\_\_\_ **time:** from \_\_\_\_\_ to \_\_\_\_\_
- ☐ Once every quarter or six months (circle) “**day(s)** \_\_\_\_\_ **time:** from \_\_\_\_\_ to \_\_\_\_\_

**Should you have any questions, please contact:**

Cristen Cravath -Tel: 301-600-1122 or Email: ccravath@frederickcountymd.gov  
Veronica Nimpson- Tel: 301-600-3357 or Email: vnimpson@frederickcountymd.gov

**Completed forms may be emailed, faxed to 301-600-1135, or mailed to  
350 Montevue Lane, Frederick, Maryland 21702. Thank you.**